



February Half Term: Themed Walks



13th

Jack Valentine

Norfolk tradition: Leave a gift or card on a friend's doorstep, ring the bell and sneak off undetected

Jackanory

Tell your kids all about Jack Valentine from Visit Norwich's website – make a note to visit Bridewell Museum to find out more

14th

Valentines Heart Walk

Look for hearts on your walk – heart shapes, street names, logos, window displays. Draw hearts in the mud

Paper Seed Hearts

Make some Plantable Seed Paper Hearts (a la Thimble & Twig)

15th

Signs of Spring Walk

Look for signs of spring! Nature is coming to life all over the place. Buds on trees, early spring flowers, catkins

Map your Spring finds

Make a map of the things you found and where so you know where to look next year

16th

Pancake Scavenger Hunt

Find something beginning with the letters P-A-N-C-A-K-E (sheet on website)

Eat pancakes

Pancakes for afters! That's all! Just pancakes.

17th

Random Acts of Kindness Day

Do something kind on your walk. Say "Hello", do a litter pick, post some your seed hearts, send a letter to a loved one

Kindness Jar

Every time you see an act of kindness in lockdown, or do one yourself, write it down and place the memory in the jar.

18th

Go on a Bear Hunt

Take a soft toy and play hide and seek with it on your walk. Genius. From "101 Things For Kids To Do Outside"

Snuggle up with a bear story

Cuddle up with the bear and read We're Going on a Bear Hunt with a hot chocolate. It's also National Drink Wine Day #justsayin

19th

Stick hunt

Collect some sticks!
Like they don't on every walk... but make this one all about the stick

Stick crafts

Use the sticks to make:
yarn wrapped stick letters or stick stars

20th

Sensory walk

Stop for a moment and see what was hitting the senses: What can you see? Hear? Smell? Feel?

Sensory record

Make a page of all the things you see and hear on your walks. Add to it on all your walks over lockdown

21st

Every Day Nature

Notice a little bit more of nature and learn some new stuff.

Learn something new

Look up just one thing from your walk with your kids. There are no silly questions. The more random, the better.

