

Lockdown 2 Challenge





 Start a nature scrap book for your adventures 	Look for and identify different types of fungi	3. Feed the birds in your garden	4. Go geocaching	5. Do some leaf art
6. Find 5 different types of nuts or seeds and identify them	7. Find something: - Spiky - Orange - Bendy - Green - Round - Smooth	8. Make a journey stick or loom and take it on your walk	9. Mindfulness – stop on your walk for a few mins – what do you hear?	10. Find a new route from your doorstep. Draw a map with landmarks
11. Go on a sunrise or sunset walk	12. See how many different coloured leaves you can find on your walk	13. Make a wind stick with ribbon and take it on a windy walk	14. Do some bark rubbings	15. Play sky spy on your walk – look into the sky for a few mins, what do you see?
16. Walk to a shop and donate a tin to a food bank	17. Put your wellies on and jump in some mud or puddles	18. Take a picture of the autumn colours on your local walk	19. Take a picture of 5 different leaves and identify them	20. Paint a rock and leave it on your local walk
21. Try and find 5 different types of berries and identify them	22. Go birdwatChing - try to identify 5 species of birds	23. Go on a litter pick	24. Try a bit of trim trailing – Climb, balance, jump, hop on your walk	25. Make a photo collage of your November lockdown adventures